

[anthro]metronom

### About the Blog

The blog aims at publishing essays on psychological anthropology accessible to everyone. It is designed as a platform where students, scholars and everyone interested in psychological anthropology is invited to submit essays related to current or historical discussions at the intersections of anthropology, psychology, and psychiatry in the broader sense. The essays can contain a wide range of topics: from mental health and illness, transcultural psychiatry and psychiatric anthropology to discussions about forms of therapies and healing, or the role of emotions and affects; from critical reflections on neuroscientific approaches to discussions on concepts of the self and personhood. We welcome foci on cultural as well as structural and political factors influencing the experience of persons and groups all over the world. The blog is organised by graduate students at the Institute of Social and Cultural Anthropology at Freie Universität Berlin.

If you are interested in submitting an essay, please follow the basic style sheet (see below) and contact our editorial team at [anthromtronom@gmail.com](mailto:anthromtronom@gmail.com). Please do not hesitate to contact us if you want to get involved in the management of the blog.

Kind regards,

Your [anthro]metronom editorial team

## Style Sheet Psychological Anthropology Blog

### Submission

With submitting the author grants (name of the blog) the right to publish the text.  
The author is responsible to obtain permission for material (maps, photographs etc.) used.  
The author is responsible to obtain permission or mention sources for previously published material.  
Once submitted, the editors might make revisions and suggestions. No substantial changes will be made without the consent of the author.  
Proof-read essays will be sent back to the author to revise editorial comments.  
Revised essays should be returned within the communicated deadline  
Language and Spelling: Preferably in English (*BE*)  
Other languages are welcome but need the permission of the editorial team.  
Please submit as .doc, .docx or other open source text format.

### Length

Abstract of maximum 200 words  
1,500-2,000 words maximum continuous text or 5 pages

### First page/ author

Title: 16pt., bold  
Subtitle: 14pt.  
Author: 12pt.  
University affiliation: 12pt.  
Start your text with a tab key of 1 cm.  
Start every paragraph with a tab key of 1 cm.

### Headings

First-level heading: 14pt., bold, no colons, left-justified  
Second-level heading (only if necessary): 12pt., bold, no colons, left-justified  
Capitalise all nouns and adjectives, all words of four letters or more

### Continuous text

Lettering of the essay should be in Times New Roman  
Size of type in continuous text: 12pt., line pitch: 1.5, justify

### Hyphenation

Hyphenation function should not be used, do not divide words at the end of a line

### Emphasis with italics

Novel, technical, key terms and labels (the first time only)  
Foreign terms (every time they appear), except if they have entered common usage  
Published documents such as book titles, newspapers, journals  
Emphasise a word or phrase in a quotation indicating [emphasis mine]

### Figures and Tables

Lettering: Times New Roman, 12pt, left justified  
Caption of figures and tables: Label information set out in rows and columns as “Tables”;  
Label Graphs, drawings, pictures, Photographs etc. as “Figures”; consecutively numbering

throughout your text followed by a description of the contents in italics; Please make sure all illustrative material is suitable for publication without further editing necessary; Photographs should be at least 300 dpi, high contrast

Endnotes (if applicable)

10pt., single-spaced line pitch, left-justified

Superscript in continuous text

Page numbers

Placed inside the footer line, centre

Number consecutively

Citation

Quotations exceeding three lines: 10pt., single-spaced line pitch, indent paragraph with 1 cm. tab key, justify

Use the Chicago Manual of Style, author-date system, in-text citation in parentheses  
[http://www.chicagomanualofstyle.org/tools\\_citationguide/citation-guide-2.html](http://www.chicagomanualofstyle.org/tools_citationguide/citation-guide-2.html)

Appendix

Place at the end of your essay before your list of references

References

12pt., single-spaced line pitch, left-justified, hanging indent: 1 cm tabs key

The format should follow the Chicago Manual of Style, author-date system  
[http://www.chicagomanualofstyle.org/tools\\_citationguide/citation-guide-2.html](http://www.chicagomanualofstyle.org/tools_citationguide/citation-guide-2.html)

## **Structuring your content**

Even though we promote freedom of writing and style, there are some basic guidelines that help developing your essay in a well-organized and qualitatively rich manner. Please read the following in order to ensure your essay meets these essential criteria.<sup>1</sup>

*Organization* is something that readers notice – when you fail to organize. If an essay is organized, a reader will be able to read it from the beginning to the end without becoming confused. Therefore, we highly recommend you letting someone else read your essay before you send it to us to be sure that your thoughts are comprehensible. Writing in paragraphs and marking transitions from one idea to another in various ways usually helps the reader follow your ideas. But be aware that just using transition words does not guarantee that your essay is organized. The points you make must all relate to the topic of your essay and to the main idea you are presenting. In other words, your essay should be unified.

Avoid redundancy (repetition of ideas), unnecessary digression (points that are not related to your main point, and that take away the unity from your ideas), and unclear connections (i.e. when you make it hard for the reader to understand how two ideas or parts of your writing are connected).

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<sup>1</sup> A good bulk of the criteria to improve nonfiction writing is taken from “On Writing Well. The Classic Guide to Writing Nonfiction” by William Zinsser.

*Development* is the amount and kinds of support (examples, details, reasons) for the ideas you present in your essay. Your essay should be well-developed, using clearly appropriate explanations, exemplifications, and/or details. Formulate the *thesis statement* of your essay, i.e. the main thing you want to say, at least for yourself at first. Once you have it, remain aware how your developmental paragraphs relate to it (e.g. you could ask yourself what function a specific paragraph has for it to consolidate or clarify your main point). Don't forget to let the reader know, too!

At last, don't forget the *conclusion*. A concluding paragraph (or even sentence) summarizes your ideas. It is important to have a conclusion; without one, it may be difficult for the reader to know whether you have completed your essay or simply ----

You see? Seems like a loose end, doesn't it? In order to avoid that, write a conclusion that ties those loose ends together and makes your essay unified again.

And now, finally: Have fun writing!